Adair County Health System Greenfield, Iowa Education Topics

Like most people with lung problems, you probably have many questions. During the next few weeks, we want to help you answer those questions. Below is a list of common topics that people with lung problems have questions about. Please **check 5** topics for which you would like more information.

| Check | Topics | Staff comments |
|-------|-------------------------------------|----------------|
| | Breathing exercises and retraining | |
| | Lung Disease | |
| | Medications | |
| | Breathing devices and Oxygen | |
| | Travel tips | |
| | Activity of daily living and energy | |
| | conservation | |
| | Exercise and intimacy | |
| | Infection control and prevention | |
| | Stress/panic control | |
| | Nutrition | |
| | Coping with lung disease | |
| | Advanced Directives | |
| | ABG's and PFT's | |
| | Anatomy of the lung | |
| | Smoking cessation | |
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Other questions you would like to have answered: