

C.A.R.E.+ Program

Adair County Health System • 609 SE Kent • Greenfield IA 50849

Phone (641) 743-7214 • Fax (641) 743-7283

PHYSICIAN: Please respond and fax response to (641) 743-7283

Patient's Name: _____ DOB _____

- The above named patient has medical clearance to participate in the Adair County Health System Cardiac and Rehabilitation Exercise Plus program. This is a non-monitored, nurse supervised exercise program aimed at cardiovascular risk factor reduction.

Comments:

Physician signature _____ Date _____

Please sign and fax back to (641) 743-7283.

Call (641) 743-7214 with any questions.